



## 4<sup>th</sup> Annual Texas Gravel Championship (TGC) Event Bible 2019

*Updated May 9, 2019*

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## 1. 2019 Event Summary

- a. The 2019 Texas Gravel Championship (TGC) is a 100 mile gravel race sanctioned by USA Cycling (USAC). Race categories are:
  - i. Men's Open
  - ii. Women's Open
  - iii. Men's Master's 50+
  - iv. Women's Master's 40+
  - v. Misc (Fat Tire MTB, tandems, SS & MTBs with tires 2.2 & wider)
- b. TGC Gravel Bike Tour: 53 miles competitive, non-championship gravel race. Race categories are:
  - i. Men's Open
  - ii. Women's Open
  - iii. Men's Master's 50+
  - iv. Women's Master's 40+
- c. TGC Gravel Bike Tour: 28 miles (non-competitive)
- d. TGC Gravel Bike Tour: 15 miles (non-competitive)
- e. Any competitor riding a bicycle equipped with a motor shall be neither be scored nor eligible for any awards of any kind (including the 100 mile finisher's mug)

## 2. 2019 Event Schedule:

**Friday, June 28<sup>th</sup>:** 1:00 pm to 5:00 pm packet pickup at Tri-City Bicycles, 1010 Arbor Park Drive, Belton, TX 76513

**Saturday, June 29<sup>th</sup> :** 6:00 am to 07:00 am race day packet pick up & day of event registration: registration tent will be near the start/finish line. Note that ***an additional \$10 applies to race day registration***

- 6:50 am: 100 mile racer meeting
- 7:00 am: 100 mile race starts
- 7:15 am: 53.5 mile race starts
- 7:20 am: 28 mile tour starts
- 7:30 am: 15 mile tour starts
- **2:00 pm: any 100 mile racer who has not finished the upper loop of the course (mile 72), will not be allowed to continue.** This is for the safety of our riders.
- 4:00 pm: course closes

## 3. Logistical info: 100 mile Texas Gravel Championship Race

- a. Texas Gravel Championship jersey to 1<sup>st</sup> place finisher in each category of the 100 mile race.
- b. All racers' placing will be decided by chip timing. Results will be posted at the venue & on USA Cycling after the event.

- c. Trophies: 5 deep for Men's Open. Men's Master's 50+, Women's Open, Women's Master's 40+. 3 deep for Misc Category. T-shirts to all participants
- d. Podium ceremonies will take place approximately 20 minutes after the top 5 finishers have completed the course (or as soon as reasonable).
- e. All 100 mile TGC racers who complete the course will receive a handmade TGC mug courtesy of Gritty Teeth Racing. **Please claim your mug at Registration after you finish & before you leave the venue.**
- f. **Course cut-off time:** the upper loop of the 100 mile race must be finished before 2:00 pm. This is mile 72 of the race. Any riders who have not finished the 1<sup>st</sup> loop by 2:00 pm must abandon the race.
- g. **Any 100 mile racer who does not complete the course must notify the chip timing crew at the start/finish OR Joy Brott OR Chad Welch**
- h. All injuries or incidents need to be reported to the start/finish line so that we can help you get assistance & provide reporting back to USA Cycling.
- i. Neutral water available at mile 20, mile 56, mile 72 and mile 84
- j. **We will allow drop bags at all 4 aid stations for the 100 mile course.** Clearly label your items (we recommend a bag with a tag with your name & bib #). A box will be labeled for each of these 4 aid stations at registration on Saturday morning. Make sure to put your items in the correct box.
  - i. Gritty Teeth Racing will make all reasonable efforts to return items left at each aid station back to the Registration area **after all 100 mile riders have passed through each aid station.** We'll bring these items back to the registration/results area. Make sure to claim your items.
- k. These are also 2 support/check points to monitor each rider's progress & for support:
  - i. Mile 56 (Lott, near the Pavilion off 2nd street)
  - ii. Mile 72 (Rosebud)
- l. Support should only be rendered at the designated support spot. This is to ensure an enjoyable event for all riders (no one wants to breathe gravel dust)
- m. 100 mile racers are encouraged to bring a crew to come get them if they cannot complete the race. Multiple riders may share the same support crew. We will not come rescue you.
- n. Riders may purchase water & food along the route at any store or business.
- o. The primary route must be followed at all time. No short cuts or alternate routes permitted. If the route needs to be altered for weather or unforeseeable circumstances, riders will be advised.
- p. Riders must wear properly approved helmets while on the bike.
- q. **All riders must wear their race number on the left** so that it is visible when they ride across the finish line.
- r. Riders must obey all road laws, including stop signs, stop lights, yellow lines, yielding, etc. All roads are open to public traffic. Keep your head up. Yield to tractors and trucks hauling corn.

- s. This is a non-stop primarily self-supported event. We understand things happen out of your control, but you should be prepared to carry enough food, water, spare parts to go from one support area to the next.
- t. Riders are responsible for printing maps and/or uploading routes on their GPS device
- u. Individual results may be printed out at the timing tent immediately after the racer finishes the course

#### **4. Logistical info: 53 mile TGC Race (non-championship)**

- a. All racers' placing will be decided by chip timing. Results will be posted at the venue & on USA Cycling after the event.
- b. Prizes: swag 3 deep in each category. T-shirts to all participants
- c. Podium ceremonies will take place approximately 20 minutes after the top 8 finishers have completed the course (or as soon as reasonable for categories with less than 8 racers)
- d. If you are not able to finish your event, please notify the crew at the timing area or Chad or Joy
- e. You may purchase food & water along the route at any store or business.
- f. The primary route must be followed at all time. No short cuts or alternate routes permitted. If the route needs to be altered for weather or unforeseeable circumstances, riders will be advised.
- g. Riders must wear properly approved helmets while on the bike.
- h. **All riders must wear their race number on the left** so that it is visible when they ride across the finish line.
- i. Riders must obey all road laws, including stop signs, stop lights, yellow lines, yielding, etc. All roads are open to public traffic. Keep your head up. Yield to tractors and trucks hauling corn.
- j. This is a non-stop primarily self-supported event. Carry enough food, water, spare parts to go from one support area to the next.
- k. Riders are responsible for printing maps and/or uploading routes on their GPS

#### **5. Logistical Info: 28 mile & 15 mile TGC non-competitive gravel tours**

- a. The 28 mile & 15 mile events are non-competitive. Riders in these events will not be scored. T-shirts to all participants
- b. If you are not able to finish your event, please notify the crew at the timing area or Chad or Joy
- c. You may purchase food & water along the route at any store or business.
- d. The primary route must be followed at all time. No short cuts or alternate routes permitted. If the route needs to be altered for weather or unforeseeable circumstances, riders will be advised.
- e. Riders must wear properly approved helmets while on the bike.

- f. **All riders must wear their race number on the left** so that it is visible when they ride across the finish line.
- g. Riders doing the 28 mile event will follow the lower loop of the 100 mile course
- h. Riders must obey all road laws, including stop signs, stop lights, yellow lines, yielding, etc. All roads are open to public traffic. Keep your head up. Yield to tractors and trucks hauling corn.
- i. This is a non-stop primarily self-supported event. Carry enough food, water, spare parts to go from one support area to the next.
- j. Riders are responsible for printing maps and/or uploading routes on their GPS

## 6. Course Info, GPS files & links

### a. GPS files:

- i. 100 Mile TGC GPS files for Garmin & non-Garmin devices:  
<https://ridewithgps.com/trips/%2010624044>
  - ii. 100 mile cue sheet w/ turn-by-turn directions:  
<https://ridewithgps.com/routes/13339014>
  - iii. 100 Mile TGC GPS file on GarminConnect:  
<https://connect.garmin.com/modern/course/11721566>
  - iv. 53.5 mile TGC gravel race file on GarminConnect:  
<https://connect.garmin.com/modern/course/16106938>
  - v. 28 mile TGC gravel tour file on GarminConnect:  
<https://connect.garmin.com/modern/course/16106986>
- b. Riders will leave town by exiting 7th turning right on FM 1963 and leaving the same way as indicated by the map links above. Up Main left on 2nd-Right on US77-Left CR 343-left across 53 to CR 345.
  - c. Riders for the 100 mile event will be returning the same as previous year's edition via CR 351-FM1963- Right on Oak- left on Ave. B- left on 7<sup>th</sup> to the Finish.
  - d. For the 53 & 15 mile tour, riders will be coming in east of Main Street: riding on 6<sup>th</sup> Street to Avenue B, then turn right on 7<sup>th</sup> Street to the Finish Line.
  - e. The 28 mile riders will come into town on the exact same route as the 100 mile racers (see above)
  - f. **Course Markings:** These will be pink & orange utility flags on the ground. Flags will be put on the right side of the road to designate a right hand turn; flags will be put on the left side of the road to designate a left hand turn. If there isn't a flag at an intersection, please continue straight; there will not be a flag after an intersection that does not have a turn. PLEASE DO NOT RELY ON COURSE MARKINGS FOR YOUR NAVIGATION: make sure to download the GPS files (see links above) & print out the cue sheets for your event.

## 7. Recommended equipment:

- a. GPS
- b. Printed map
- c. 2-3 water bottles or camel back

- d. Spare tubes
- e. Multi tool
- f. Inflation system
- g. Cell phone
- h. Your preferred on-bike nutrition (gels, bars, sandwiches, etc)
- i. Chain lube
- j. Cash/credit card
- k. Sunscreen
- l. Support crew checklist:
  - i. Wrench set
  - ii. Chamois cream
  - iii. Sunscreen
  - iv. Water (drinking & rinsing)
  - v. Racer's preferred nutrition
  - vi. Chairs
  - vii. Baby wipes

## 8. Lodging & Food

- a. Camping is allowed at the venue for Friday night (June 28<sup>th</sup>). We request a voluntary donation of \$10 per tent / \$10 per RV; all proceeds will benefit Rosebud's Parks & Recreation Dept. You may pay the \$10 via BikeReg when you register, at packet pick up or on race day. Cash or check only
- b. Rosebud does not have a hotel. Temple is the nearest town with hotels. There is a B&B in Rosebud. There are also limited accommodations in the area via AirBnb
- c. We will have a food truck vendor serving breakfast & lunch at the venue. Please consider supporting them with a purchase.

## 9. Contact info:

- a. Race Directors are Chad Welch & Joy Brott. Chad's mobile # is 254-285-4684; Joy's mobile # is: 832-798-6068
- b. Email: [grittyteethracing@gmail.com](mailto:grittyteethracing@gmail.com)
- c. FaceBook: <http://www.facebook.com/grittyteethracing>
- d. Closest hospital with a trauma center: Baylor Scott and White, 2401 S 31st Street, Temple, Texas
- e. Call 911 for emergencies.

## 10. Acknowledgements

- a. A big thank you to: Tri-City Bicycles, Cantu Wheels, City of Rosebud, Rosebud Parks & Recreation, Waco Striders, USA Cycling, Texas Bicycle Racing Association, Relic: an Invitation Studio, Diaz & Wright Attorneys-at-Law, & our volunteers!